

Back to Bliss Yoga in Italy
Explore the Romance of Southern Tuscany...Autumn
September 14-21, 2019
Registration



Welcome to **Le Pianore**: an organic estate with vineyards, olive groves and mountain streams. Your home away from home in Tuscany! Join **Back to Bliss Yoga teachers Jen and Harriet** as we settle into the heart of southern Tuscany for a week of yoga, relaxation and exploration.

Trip Includes

- 7 nights at Le Pianore villa
- 3 meals per day while at Le Pianore
- 2 classes per day of great yoga with Jen and Harriet of course!
- 2 full-day trips to local villages for exploration, shopping and lunch on your own.
- Cooking class one evening with Pizza night
- Transport to and from Siena/ Le Pianore Villa on first and last day of the retreat

Back to Bliss Yoga in Tuscany, Italy

Autumn: September 14-21, 2019

Registration

Name _____
Cell Phone _____ Email _____
City _____ State/Country _____

7-Night retreat fee per person

_____ \$1750.00 Triple Occupancy 3 twin beds
_____ \$1875.00 Double Occupancy 2 twin beds or 1 large bed
_____ \$1975.00 Single Occupancy 1 twin bed with shared adjoining bath
_____ \$1600.00 Loft room (Quad) with 2 shared bathrooms (solo females)

Emergency Contact Name & phone # during trip _____

Dietary Restrictions _____

Medical Issues we should be aware of _____

Retainer fee of \$100 will reserve your spot! \$400 due on May 11, 2019

Second payment of \$500 is due December 11, 2018

Final payment is due February 11, 2019

To register:

- Make check out to: Back to Bliss Yoga & mail completed registration form & check to: Harriet Alterowitz, 113 McLeod, Missoula, MT 59801.
- Credit card payment is available with 3.5% fee

Cancellation Policy:

All payments are non-refundable. We encourage comprehensive trip cancellation insurance.

Jennifer Brooke jbrookemt@gmail.com 406-531-7384
Harriet Alterowitz hattieyoga@gmail.com 406-370-6464
[Back to Bliss Yoga](#)
[Le Pianore](#)

Since 2004, **Jennifer Brooke, E-RYT 500** and **Harriet Alterowitz, E-RYT-500** have combined their yoga knowledge and creativity to develop Back to Bliss Yoga Retreats. Together they have planned and lead weekend retreats in Montana and yoga vacations in Costa Rica, Peru, Hawaii, Mexico, Guatemala, Greece and Italy. They are both certified yoga teachers/therapists with Integrative Yoga Therapy and have specialized in therapeutic workshops in the Missoula area since 1998.