

# Back to Bliss Yoga in Greece

## Adventure, Ancient Greek Culture & Yoga: Corinth & Epidavros

### September 24- October 3, 2020



Join yoga teachers **Jennifer Brooke** and **Harriet Alterowitz** as we travel to Greece for this exquisite adventure loaded with culture, fantastic Greek cuisine, wonderful traveling companions, and of course yoga! What a wonderful opportunity to connect deeply with the history and culture of Greece, while deepening our yoga practice. **Hotel George, located in Epidavros**, will be our home base for a week of exploration. The end of September is the perfect time for our journey: warm sunshine, blue skies, and crystal clear water still warm enough for swimming and snorkeling. Best of all, the summer tourists have departed!

#### **9-Night Trip Includes:**

- 2 nights at the Kalamaki Beach Hotel in Corinth; breakfast & dinner
- Round trip transport from Kalamaki Beach Hotel to Hotel George
- 7 nights at Hotel George in Epidavros, 3 meals per day and wine with dinner.
- Great yoga with Jen and Harriet of course!
- Half day guided tour of the Epidaurus Theatre
- Full day trip to a nearby Island
- Full day to Nafplio for shopping, exploring, & lunch on your own

**Not Included:** Airfare to Greece, extra activities, services, drinks, gratuities & some lunches.

# Back to Bliss Yoga Greece Registration September 24 – October 3, 2020 Registration

Name \_\_\_\_\_  
City \_\_\_\_\_ State/Country \_\_\_\_\_  
Cell Phone \_\_\_\_\_ Email address \_\_\_\_\_

## 9- Night Retreat Fee per person:

\_\_\_\_\_ \$1995 Double or Triple Occupancy

Single Supplement: \$300 (limited availability). Solo travelers: we will match you with other travelers in a double or triple occupancy room.

Emergency Contact Name & phone # during trip \_\_\_\_\_

Dietary Restrictions/Allergies \_\_\_\_\_

Medical Issues we should be aware of \_\_\_\_\_

## Payment Schedule:

- Total deposit: \$500
- Retainer fee of \$100 will hold your space with remaining deposit due by September 24, 2019
- Second deposit of \$500 due by March 24, 2020
- Final balance due by June 24, 2020

## Cancellation Policy:

- All payments are non-refundable. We encourage comprehensive trip cancellation insurance.

## To register:

- Email [Jbrookemt@gmail.com](mailto:Jbrookemt@gmail.com) to confirm your request
- Print & complete registration form located on line
- Write check payable to: Back to Bliss Yoga
- Mail to: Harriet Alterowitz, 113 McLeod, Missoula, MT 59801
- Contact Jen by phone for credit card payment; (3.5% fee for CC)
- Do not book your flight until we have confirmed your registration

Jennifer Brooke [Jbrookemt@gmail.com](mailto:Jbrookemt@gmail.com) 406-531-7384  
Harriet Alterowitz [hattieyoga@gmail.com](mailto:hattieyoga@gmail.com) 406-370-6464  
[www.backtoblissyoga.com](http://www.backtoblissyoga.com)

Since 2004, **Jennifer Brooke, PY E-RYT 500** and **Harriet Alterowitz, E-RYT-500** have combined their yoga knowledge and creativity to develop Back to Bliss Yoga Retreats. Together they have planned and led weekend retreats in Montana and yoga vacations in Costa Rica, Peru, Hawaii, Mexico, Guatemala, and Greece. They are both certified yoga teachers/therapists with Integrative Yoga Therapy and have specialized in therapeutic workshops in the Missoula area since 1998.